

Newsletter Volume 27 June/July 2008

For those of you who may not have known, the Kilman's have been out of town on a 5 week cross country tour. I am glad to say that we made it back safe and sound with few traumas. We stayed with family and did some camping in our pop up tent trailer. All the kids did very well and Jennifer didn't strangle Tom either. We did have some trying times with Henry and his diabetes management. We think that a cold, elevation, and adrenaline all joined together to spike his blood sugar to the 600's, yes I said 600's. We were giving him extra shots for about 24hrs to get him to come down and stay down where we wanted him. Then a few weeks later he had some lows and we gave him lots of corrections (candy or juice) and backed off his insulin.

As for the trip we quickly visited 24 states including Colorado, New Mexico, Texas, Florida, Georgia, Pennsylvania, and Nebraska. We also visited Toronto, Canada. We had a great time seeing family and friends in their homes for a change. The highlight of the trip was Tom's brother Joe (who has Type 1 diabetes) married his long time girlfriend Kristen. We love you both and hope you are enjoying the Honeymoon phase of your relationship!

Well now we are back it is time to get back to work! We have a lot to do over the next few months that revolves around diabetes and fundraising for the JDRF. The upcoming big challenge will be getting Henry started on his insulin pump. We have invested in an Animas pump and hope that this will improve our management of diabetes. He seems very excited and anxious to get hooked up. I think he believes this means he can eat whenever he wants, I hope he isn't too disappointed when I won't let him have cookies at 4pm (:

We are still looking at how we are going to proceed with our 2008 benefit concert. We still plan on having a concert in November since that is the month Henry was diagnosed and it is also National Diabetes Awareness Month; so you see a lot more information in the media. If you think you can help in some way please contact us! We have some big ideas but we need some committed volunteers to help out. If you have any suggestions or would like to volunteer, all input is greatly appreciated. We need a committee of people including: sound techs, emcees, press agents, music/band coordinators, merchandise crew, kids table, etc. Tom and I love doing this but in order for it to grow we need a bigger organized crew. We have learned a lot and hope to find some people who are as passionate about this as we are!

Do you Google a lot? Consider using GoodSearch instead and selecting JDRF as your charity. There are different chapters and for those of you local that would be the Oregon/SW Washington Chapter. For every search your charity gets a penny; every penny counts! You can also shop via GoodSearch and many businesses give a percent of your purchase toward your charity of choice.

It is not too early to think about school supplies! For just \$6 you can have your pick of a new back pack with some school supplies already in it. All proceeds will go to our JDRF Walk Team. A visit to Scappoose is usually required, but we will be making a few visits to Portland including this weekend (Jennifer will be at the 100th Monkey Saturday and Sunday if you would like to order a backpack).

A few things to put on your calendar:

Sunday, August 10th 6:15pm-8:15pm

JDRF fundraiser- \$25 for families

Creston Pool (outdoors)

SE 44th & Powell

Outdoor, 25-yard shallow pool and 25-yard deep pool with drop slide and a kiddie slide, heated to 84 degrees. Water depths range from 2 feet to 8 feet.

RSVP Michelle Freedman

Contact mfreedman66@comcast.net or call 503.307.9888

Saturday, August 16th 11:00am-5:00pm

During the Hawthorne Day Street Fair visit the

RIVERMARK CARNIVAL at Rivermark Credit Union on 39th and Hawthorne
Castle Bounce-Dunk Tank-Games-Prizes-Photos taken with Star Wars Rebel
Legion!

100%of proceeds donated to the JDRF

http://www.thinkhawthorne.com/happenings/#event_70

Thank you again for all your support!

The Kilman Family

Jennifer, Tom, George, Henry, Kate, and Ellen