



Newsletter

Volume 15 April/May 2007

In our goal to spread awareness and raise money Tom will be participating in the JDRF **Ride to Cure Diabetes** in Whitefish, Montana September 23rd. We will have a couple different fund raisers this spring and summer so keep in touch!

We still have some jewelry for sale and will be doing a few jewelry shows/classes if you are interested in hosting or attending one.

One fundraiser is our **Ride 4 a Cure** Thursday July 12th thru Monday July 16th. Tom Kilman will be riding his bike to spread awareness of diabetes and raise funds for the JDRF. All money raised will go to his **Ride To Cure Diabetes** account. Tom will be riding from Scappoose along HWY 30 to Astoria then south on Hwy 101 to Astoria and beyond. Day three of his trip will have him head east to Grand Ronde and the following day stop in Newberg. Day five will be a long day passing thru Aloha, Beaverton, Portland, and home to Scappoose. Four of the five days have Tom riding about 70 miles a day; day four may be a short 40 mile ride. We encourage anyone who is interested to come out in support and feel free to ride along with Tom for a bit. Jennifer and the kids will be meeting Tom for lunches and hosting information spaces at meals. If you would like to ride along with Tom on one or more of his days please contact us. As it becomes available we will update the **Ride** itinerary including rest stops. If you would like to make a donation you can mail it to us or donate online <http://ride.jdrf.org/rider.cfm?id=7295>

Don't you need a tee shirt! Summer is coming and orange is the new black! We still have a few tee shirts available in both "Gold" and white. To order your **Rock Against Diabetes** tee shirts email Jennifer with your size requests and contact information. jenny@rockagainstdiabetes.net

If you are interested in cute and collectible items visit "Grandma's corner" at 42nd Street Station Antique Mall. It is just off NE Sandy Blvd and 42nd St. Her corner case is on the lower level, space 8. Profits will go to the JDRF! Visit every month for new seasonal and specialty items.

I also would like to take this opportunity to remind you about the JDRF auction May 5th at the Governor Hotel. **JDRF- Ashleigh Farleigh 503.643.1995**

This month think about donating part of your tax return to the JDRF or Gales Creek Camp. See if your employer has a matching gift program or perhaps they would like to make a donation as well. With over 20 million American diagnosed with diabetes most of us know and love someone with diabetes. The more we network the better our chances are of raising money, improving treatment, and finding a cure!

Remember to check your batteries in your meters and always carry spares.

Thank you for your ongoing support,
The Kilman Family: Jennifer, Tom, George, Henry, Kate, and Ellen