



Newsletter

Volume 14 March 2007

In our goal to spread awareness and raise money Tom will be participating in the JDRF **Ride to Cure Diabetes** in Whitefish, Montana September 23rd. He will be biking 66 miles in one day. The goal is for each rider to raise \$4000 since participation is limited. We are starting a letter writing campaign and working on some fundraising ideas so that he may attend this amazing event. Please keep in touch this spring and summer and lend your support! <http://ride.jdrf.org/rider.cfm?id=7295>

Don't you need a tee shirt! Summer is coming and orange is the new black! We still have a few tee shirts available in both "Gold" and white. To order your **Rock Against Diabetes** tee shirts email Jennifer with your size requests and contact information. jenny@rockagainstdiabetes.net

If you are interested in cute and collectible items visit "Grandma's corner" at 42nd Street Station Antique Mall. It is just off NE Sandy Blvd and 42nd St. Her corner case is on the lower level, space 8. Profits will go to the JDRF! Visit every month for new seasonal and specialty items.

I also would like to take this opportunity to remind you about the JDRF auction May 5th at the Governor Hotel. It is not too late to make a donation to the auction. To guarantee you make the catalog get your donation form in ASAP. Please consider donating something to this wonderful event! **JDRF- Ashleigh Farleigh 503.643.1995**

Remember **Rock Against Diabetes NW** is not just a concert, it is an ongoing grass roots campaign to spread awareness and raise money for agencies that support research and work on improving the lives of those who live with diabetes.

This month think about donating part of your tax return to the JDRF or Gales Creek Camp. See if your employer has a matching gift program or perhaps they would like to make a donation as well. With over 20 million American diagnosed with diabetes most of us know and love someone with diabetes. The more we network the better our chances are of raising money, improving treatment, and finding a cure!

Thank you for your ongoing support,
The Kilman Family: Jennifer, Tom, George, Henry, Kate, and Ellen