



Newsletter

Volume 11 November 2006

Rock Against Diabetes NW 2006

**All ages benefit concert for Juvenile Diabetes Research Foundation (JDRF)
and Gales Creek Camp**

THIS SUNDAY!!!!

Sunday, November 12th, 2006 12:30-8pm

McMenamin's Kennedy School

5736 NE 33rd

Portland, OR 97211

(503) 249-3983

\$10-\$20 donation at door

Bands will be playing from 12:30-8pm. Several bands will be featured at this years concert including: Mission 5, Rachel Taylor Brown, Sketchy Ted, The Lonesomes, Scotland Barr & The Slow Drags, Amanda Richards, Fuzzball, Weight of Atlas, and Kaitlyn ni Donovan. There will also be guest appearances including the Gales Creek Camp Allstars and Madison & Jennifer on keyboard. They are all appearing for a reason, to support those families and kids who live with diabetes everyday.

Don't forget to order your Rock Against Diabetes tee shirts for those casual days at work. The shirts are available in both white and gold. We have a limited number of white in adult sizes only. In gold we have both white and gold in adult and youth sizes. All profits from shirt sales between now and December 1st will go to the JDRF. Please contact Jennifer if you would like to order some. We will have the tee shirts available at the concert. If you already have one wear it to show your support!

If you are interested in cute and collectible Christmas items please visit Grandma's "Christmas Corner" at 42nd Street Station Antique Mall. It is just off NE Sandy Blvd and 42nd St. Her corner is on the lower level, space 18. Profits will go to the JDRF!

Thank you everyone who came out and supported the JDRF and us on Sunday Oct. 1st at Oaks Park. We had a great time! Our team raised over \$1300 and the money is still coming in. We can continue to collect donations towards our team until December 1st.

November is America's Diabetes Month so you should be seeing a lot of public service announcements, adds, and stories about diabetes. Please take this opportunity to spread awareness to your family, friends, and co-workers. The more they hear about it the more chance it will sink in.

As part of our effort to spread awareness several of the Scappoose schools will be having some kind of education and some fundraisers for the American Diabetes Association. George's school, Grant Watts Elementary, will be holding a School Walk for Diabetes November 6th-17th. This program begins with an assembly/presentation by an ADA representative. The program lasts for two weeks while the kids fundraise and have classroom activities about healthy living and diabetes education. It culminates with a walk the whole school participates in. If you feel motivated to make a donation to the ADA you may send a check to George anytime up until November 17th.

Rock Against Diabetes NW is not just a concert, it is an ongoing grass roots campaign to spread awareness and raise money for agencies that support research and work on improving the lives of those who live with diabetes.

Thank you for your ongoing support,
The Kilman Family
Jennifer, Tom, George, Henry, Kate, and Ellen